



KEYSTAGE
3,4,5



WHAT HAPPENED NEXT ACTIVITY:

INTRODUCTION

Joe woke up one morning and when he went down to breakfast, he could see his dad was looking very sad. Joe asked him what was wrong, and his dad told him that unfortunately he had received some bad news about a family member.

Joe was very upset but had some important lessons at school that day so he gave his dad a hug and headed off to school, slightly late because of the conversation he'd just had.

When Joe arrived at school his friend Jack was waiting for him. "Late again are we?" joked Jack as Joe arrived. Joe snapped at him "Leave it will you, I'm only 5 minutes late".

How does Jack respond?

Choose your option and the story will continue.

1. Jack responds with "Don't bite my head off, you can be such an idiot sometimes" and walks off to his other friends (GO TO PART A)

Or

2. Jack wonders if his friend is ok as it's unlike him to snap. He asks Joe, "are you ok, has it been a difficult morning?" (GO TO PART B)

PART A

Joe heads into class feeling quite isolated and like his friends are annoyed with him. He finds it really difficult to concentrate as he is really worried about his family. His school teacher asks him a question and Joe responds with "I really just don't care".

Does the teacher respond? – Choose your option and the story will continue

1. The teacher tells him off (GO TO PART C)

Or

2. The teacher wonders if there may be something on Joe's mind as this is out of character for him. He asks to speak to him after the lesson. (GO TO PART D)

PART B

Joe is surprised his friend has picked up on how he is feeling, but he doesn't really want to talk about things right now as he doesn't want to get upset and needs to head to his first lesson.

How does Joe respond?

Choose your option and the story will continue

1. Joe explains to his friend that he's had some bad news this morning and it's on his mind, but he'd rather not talk about it right now. (GO TO PART E)

Or

2. Joe tells his friend he is fine. (GO TO PART F)



PART C

Joe is feeling like everyone hates him, and is angry that people around him are being so mean when he is worrying about his family. He storms out of the lesson even though he knows he'll probably get into more trouble for it. He feels very alone and his worries are now quite overwhelming.

Why don't you go back to the introduction to see how Joe's day could have gone differently?

PART D

Joe is worried about meeting the teacher after the lesson in case he is in trouble, but he is surprised to find that the teacher just seems to be concerned about him. Joe talks to the teacher about the bad news he'd had this morning and although he's still worried about things, he starts to feel a little less low. When he sees his friend a little later, he apologises for snapping and his friend also says sorry for not noticing that there was something wrong.

PART E

Jack tells Joe he is sorry he's having a difficult morning and that he's there to listen if Joe wants to talk about it later. Joe is grateful to his friend and goes into his lesson feeling slightly less low and reassured that he knows there is someone he can talk to later if he needs to. He feels grateful to have a good friend like Joe.

PART F

Jack is not convinced that Joe is ok, he just doesn't seem himself.

1. Jack asks Joe again – “are you sure you're ok Joe?” (GO TO PART G)

Or

2. Jack shrugs his shoulders and they go to their lesson. (GO TO PART H)

PART G

Because his friend has asked him twice, Joe feels like he is genuinely concerned about him. Joe tells his friend that he has had some bad news that morning, and doesn't want to talk about it right now. Jack tells him that he is there to talk to if Joe at any point feels like he wants to. Joe is grateful to his friend and goes into his lesson feeling slightly less low and reassured that he knows there is someone he can talk to later if he needs to.

PART H

Joe is still feeling pretty low. He finds it really difficult to concentrate as he is really worried about his family. His school teacher asks him a question and Joe responds with “I really just don't care”.

**How does the teacher respond?
Choose your option and the story will continue**

1. The teacher tells him off (GO TO PART C)

Or

2. The teacher wonders if there may be something on Joe's mind as this is out of character for him. He asks to speak to him after the lesson. (GO TO PART D)

